

## **To Experience God**

The God whom I am able to understand with my finite being and limited mind, and my comparatively limited resources of reasoning, is not worthy of my worship. God is far greater than our ability to ever truly understand him.

We have a tendency to define God, to place him in a conceptualized box of reason that we can understand, or rather try to. We drag God down to our level, and paint him within our limited and finite definitions and reasoning. These definitions and ideas then become our Dogma. While these things are useful in the beginning of our walk, providing us an anchor to help us better understand the path we are to take, they become obstacles for us later on. Then, instead of seeking and experiencing God, we become focused on finite, and so miss the point. We in essence then put our focus on the finger pointing at the moon, to steal a Buddhist phrase. Though, we never see the moon. We abstract the idea of God, and come to know him through the lens of our dogma, instead of the clear lens of his word. What we seen then is not God, but something other than God, something less than God.

If the cup of your mind is full of your own ideas, interpretations, and opinions of that which you think God is, then how is there any room left for God? No, you need to empty your cup, and allow God to fill it without any pretenses and preconceived ideas.

"By what name shall I call you who are beyond all names?" ~ Gregory Nazianzen.

How can you explain something infinite and eternal in words? All language is limited in its scope, and is categorical as we use it.

The point is not to grasp God, to wrestle with God, or to label him for our own understanding. No, the point is to be silent, to stop labeling him, and to experience God and KNOW him. Without the loss of self, there can be no discovery of the true self. We must let go of all our individual realities. Who do you associate yourself with? How, or by what name do you identify yourself with others? By continuing to indentify yourself with these labels and names, you cannot see your true self, the self that is in relationship with God, who is nameless, without label, and formless. Likewise, we cannot see God through the labels that we have attached to his being.

God is not an object of our knowledge. God is immense, infinite, and immanent, and is therefore beyond our immediate and rational knowing. No, God is something to be experienced.

"When you come to the point when you are no longer compelled to project yourself into any image or to entertain an image of yourself, and you let go of all that is within you, then you can be transported into God's naked being..."

And he continues...

"One should love God mindlessly, without mind or mental activities or images or representations. Bare your soul of all mind and stay there without mind." ~ Meister Eckhart.

"What is it that you seek." Jesus, John 1:38

Experience God. Love God. For God is love.

